



Sept. 13, 2021

Below are the guidelines specific to the Airdrie Curling Club (ACC). As changes to the guidelines and the situation may be on-going, please follow our FB page and website for updates and notices. These are in addition to the Curling Alberta Guidelines for Return to Play which the ACC will be following. Guidelines will be updated in accordance to any AHS guidelines.

New Mandates:

- **Mandatory mask indoors except when sitting down to eat or drink, discretionary on the ice**
- **Masks not required while curling as considered a physical fitness activity**

Your Hygiene

- Keep your hands clean. Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, use alcohol-based sanitizer.
- Curlers, staff, guests and spectators will have access to hand sanitizer upon entry and ice area.
- Avoid touching your eyes, nose, and mouth.
- Cough or sneeze into the bend of your arm.
- Avoid touching surfaces people touch often, such as:
 - - Toilets and sinks
 - - Door handles
 - - Bar and bar tables
 - - Stone handles (except your two stones in your game)
- Where possible, maintain physical distancing
- The ACC strongly recommends that all vaccinations are up to date.

Club Hygiene:

- ACC will undertake a full building clean prior to start up.
- For league play, curling rental equipment will be available and sanitized between use. Charges will apply for items rented, this includes members and non-members to offset sanitization costs.
- You may notice that some regular items within the club may be missing such as benches, water cooler etc.
- Washrooms, rock handles, doors and high touch areas throughout the club will be sanitized between draws. A log will be kept of all cleaning activity.
- Registration for leagues and events will be on-line. Please check our website and FB page for details
- Draws and results will be found on our website, they will not be posted within the club.
- Posters and documents will be displayed around your building to support awareness and actions to be taken to help prevent the spread of the virus.
- If players or staff have symptoms, the ACC will kindly tell them to stay at home and be sure to offer proper support. Contact your league representative or event coordinator if a game needs to be rescheduled.

Cleaning Protocol:

- When required under AHS guidance, employees will be provided with any personal protective equipment recommended by occupational health and safety guidelines, and provided training to ensure it is used correctly
- Health Canada has published a list of hard surface disinfectants that are likely to be effective for use against Covid-19. These will be used by the ACC in cleaning the facility.
- Continual access to soap and paper towels in washrooms will be provided. The ACC will ensure that they are monitored and filled regularly.
- Alcohol – based sanitizer will be found at the entrance, exit, ice area and throughout the club

Miscellaneous Considerations:

- Registration and event fees can be paid online
- Cash will be discouraged at the bar. Consider credit or debit cards.
- Water coolers will be removed from the playing area. Participants are encouraged to bring your own water bottle and get refills with tap water available at the bar.

Ice Making Equipment:

• The ACC's Ice Technician and/or his/her assistant(s) are the only persons allowed to handle ice making equipment: power scraper, hand scrapers, pebbling cans and heads, brooms, mops, garbage cans, etc.

Curling Equipment:

- Stones will be sanitized at the end of each draw and cleaning products will be made available to the curlers of the next draw in order to clean again before play.

- Cleaning products will be available throughout play so that curlers may disinfect equipment at their discretion.
- Players are to select their two stones which should not be interchanged during a game.
- Players should not touch any stones other than their own. Let the player delivering the next stone retrieve his/ her own stone.
- For your safety, the ACC insists that the stones are lined up in single file in the corners.

Measuring:

Remove gloves, sanitize your hands, conduct measure, return measure device to its normal location, sanitize your hands again.

Scoreboards:

One player per team to be the designate to keep score for your team. Designate should disinfect hands before and after posting score.

Guidelines for Return to Play

- **Schedule and draw times should be checked on the website prior to game time as there may be changes.**

Markers will be used on the ice to demonstrate proper distancing should they be required for play if AHS guidance changes. Refer to appendix 1 for return to play distancing illustrations if required.

Considerations on entering the Ice Rink:

- Once teams enter the ice rink, it is important that they do not congregate and try to maintain physical distancing where possible.
- Locker rooms will be available, please use physical distancing measures where possible.
- Instead of shaking hands, please wave, nod, or raise your brooms together.
- In league play, to determine hammer, use a method than maintains physical distancing and only person touching the deciding device if needed. In addition to coin flips, there are other methods that can be used is used to determine hammer. This can be something like rock-paper-scissors, a smartphone “heads or tails” app, a stopwatch “odd or even” or an online tool on your phone such as: <https://justflipacoin.com/>
- For competitions outside of regular league, the ACC may follow guidance as recommended by Curling Alberta regarding cohorts and competitions. For more information, please see their website for more information.

Additional:

- When there is a side walkway, divider, or empty sheet available that is acceptable to use, players are encouraged to use that space for distancing and keeping the pace of play reasonable.

Food & Beverage

Local authorities will be consulted for adherence to regulations in our area. The ACC will follow these guidelines:

The ACC will follow the [COVID-19 Public Health Recommendations Food Establishments](#) for AHS sanitation recommendations.

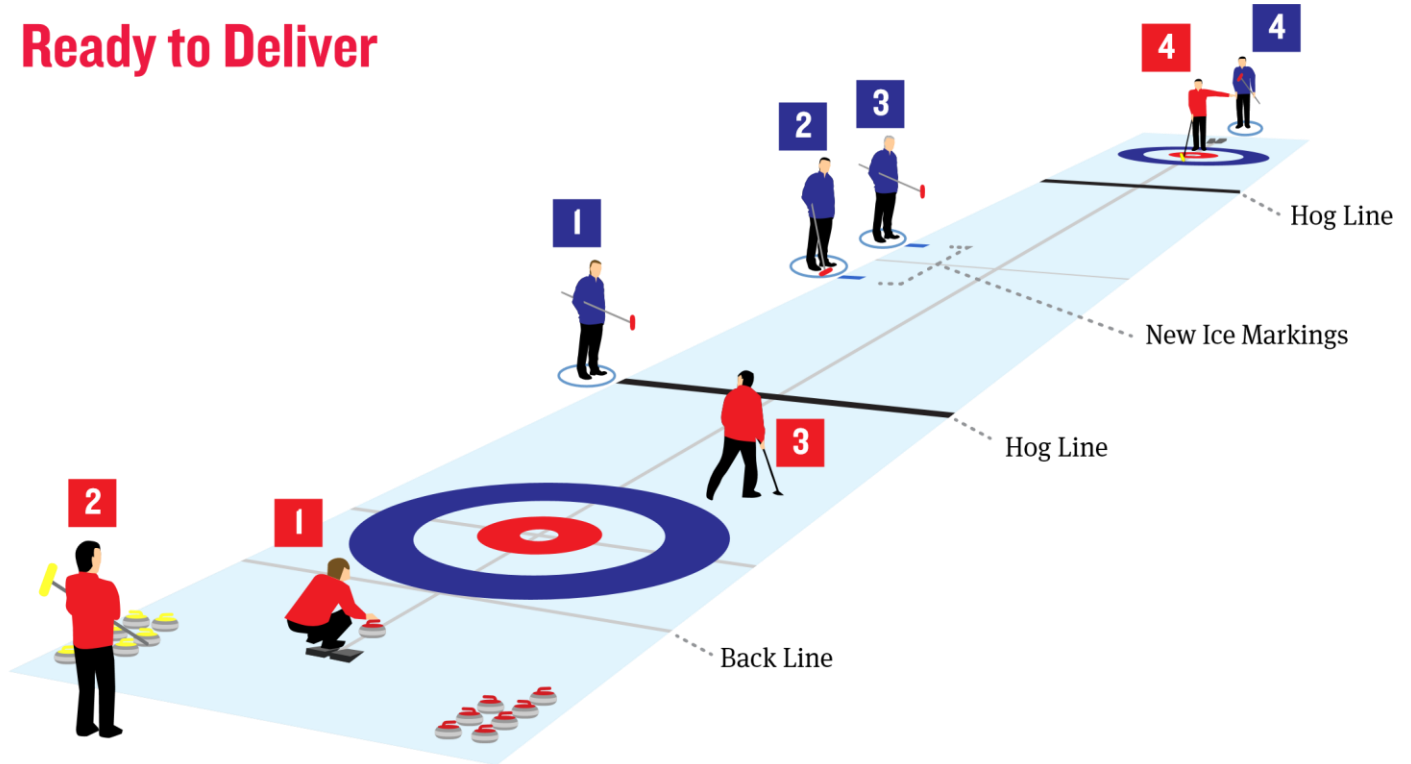
Courtesy of Restaurants Canada - <https://www.restaurantscanada.org/industry-news/navigating-coronavirus-covid-19-resources-for-foodservice-operators/>

Re-opening the Bar and Concessions

Local authorities will be consulted for regulations in your area and the ACC will follow AHS [guidance for cafes, restaurants and bars](#).

Appendix 1:

Ready to Deliver



Stone is Delivered

